

LAP SWIMMING

Lap Swimming provides muscle tone, increases endurance and improves cardio vascular health.

Available to persons age 14+

Cost: \$2.50/session or \$30.00/month (unlimited)

Times: Times vary please pick up a schedule or visit

www.cityofkingsburg-ca.gov

AQUA AEROBICS/AQUA THERAPY

Aqua Aerobics is an excellent exercise which combines the use of resistance and buoyancy, providing the benefits of strength training, cardio endurance and coordination.

Aqua Therapy is recommended for those who are recovering from an injury or have a medical condition.

Available to persons age 14+

Cost: \$4.00/class \$45.00/month

Times: Times vary please pick up a schedule or visit

www.cityofkingsburg-ca.gov

***Participants are encouraged to check with your physician prior to starting Aqua Aerobics and Aqua Therapy.**

Now Offering:



Times vary please pick up a schedule or visit

www.cityofkingsburg-ca.gov

PUBLIC SWIM

Public Swim is a great way to spend the day. The Crandell Swim Complex offers diving boards, lots of open swim areas, restroom facilities and a snack bar. Our pool is a great place for all ages to come and relax.

Available to persons of all ages, under 12 with adult supervision

Cost: \$2.50/child (under 12) and \$3.00/adult \$2.00/non-swimmer

Monthly passes are available \$45.00/person.

Times: 12:00pm to 4:00pm Monday through Friday

NIGHT SWIM & DIVE IN MOVIE

Family fun on those hot Friday nights, the Crandell Swim Complex offers a retreat from the heat with a full service snack bar, night swim and movie.

Available to persons of all ages, under 12 with adult supervision

Cost: \$3.00 and \$2.00/non-swimmer

Times: Friday 7:00pm to 10:00pm

--Friday Night Special--

\$25.00 - Family Fun Pack

(4 Swim Passes, 4 hotdogs or pizza slices, 4 chips or candy and 4 medium drinks)

JUNIOR LIFEGUARD PROGRAM

This 4 week educational training program offers children the chance to learn what it takes to be a lifeguard.

This program is available for kids ages 10 – 14.

Cost: \$50.00/participant

Times: Classes start the 3rd week of June

PUBLIC SWIM RENTAL

Public Swim Rental allows for your party to use the picnic area and the pool. Public Swim Parties can accommodate up to 40 people.

Cost: \$25.00, plus entrance costs.

Availability is subject to first come first serve.

Rental Times: 12:00 – 4:00PM

Monday thru Friday.

Any renter not complying with their agreements void their right to any future use of this facility.

PRIVATE POOL RENTALS

Private Pool Parties provide exclusive use of the facility. (2 hour minimum)

Cost:

1 – 50 people	\$80.00/hour
51 – 75 people	\$90.00/hour
76 – 100 people	\$100.00/hour
*101 – 150 people	\$150.00/hour
*151 – 250 people	\$175.00/hour
*PLUS 11.00/hour for additional staff	
\$20.00 Non – Resident fee applies.	

Availability is based on a first come first serve basis.

***Requirements for Rental:**

Fill out an application and pay the fee, plus provide General Liability Insurance listing the **City of Kingsburg** as additionally Insured.

(1,000,000 policy required)

Rental times:

Saturdays from 5:00PM to 10:00PM

Sundays from 11:00AM to 10:00PM.

SWIM LESSONS

The Crandell Swim Complex offers a variety of swim classes to help every level of swimmer. Lessons are 30 minutes long and run Monday thru Thursday for 2 weeks.

Cost is \$50.00 per two week session.

Session Dates:

6/10 – 6/20

6/24 – 7/4

7/8 – 7/18

7/22 – 8/1

***Afternoon Session 7/22 – 8/1 (4pm-630pm)**

Classes:

Parent and Tot – Great for parents with children under the age of 4 who want their children to be comfortable in the water, minimal instruction

Times: Every half hour from 9:00 – 11:30AM

Times: Every half hour from 4:00 – 6:30PM

Tot – Great for kids ages 3 – 5 who need to learn basic water skills. This class is great for kids who are still getting used to the water, but not ready for swim lessons.

Times: 9:30, 10:30 and 11:30AM

Times: 4:30, 5:30 and 6:30PM

Level 1 – Get kids ready to learn to swim by learning to use arms and legs together and breathing while in the water.

Times: 9:00, 10:00, 11:00AM

Times: 4:00, 5:00 and 6:00PM

Level 2 – Helps children further develop their skills in the water by teaching them entry skills, submerging and breath holding skills.

Times: Every half hour from 9:00 – 11:30AM

Times: Every half hour from 4:00 – 6:30PM

Level 3 – Provides children with proper diving and floating techniques and introduces swim stroke techniques.

Times: Every half hour from 9:00 – 11:30AM

Times: Every half hour from 4:00 – 6:30PM

Swimmers – Helps children develop their stroke and treading techniques.

Times: Every half hour from 9:00 – 11:30AM

Times: Every half hour from 4:00 – 6:30PM

City of Kingsburg Crandell Swim Complex

Lap Swimming begins:
Monday, April 1st

Aqua Aerobics begins:
Wednesday, May 1st

Public Swim begins:
Monday, June 10th

For more information check out
the city website!

www.cityofkingsburg-ca.gov

City of Kingsburg 2019 Summer Program Guide Crandell Swim Complex

